

SLOW COOKER VS INSTANT POT COOKING TIMES

FOOD	SLOW COOKER	INSTANT POT
Beef Stew	6 hours	60 mins
Classic Chicken Curry	4 hours	10 mins
Mexican Carnitas	6 hours	45 mins
Succulent Pulled Pork	4 hours	50 mins
Beef Ragu	6 hours	100 mins
Beef Stroganoff	8 hours	25 mins
Grandma's Beef Pot Roast	8 hours	1 hour
Pork Chop	4 hours	4 mins
Ham/Gammon	6 hours	1 hour
Instant Pot Pork Roast	4 hours	50 mins
Instant Pot Baked Ziti	3 hours	12 mins
Instant Pot Vegetable Soup	4 hours	4 mins
Instant Pot Pulled lamb	5 hours	1 hour
Instant Pot Sausage Casserole	6 hours	6 mins
Pasta Bake	6 hours	6 mins